

Confidently deliver the primary RSHE curriculum

Feel supported in delivering the primary RSHE curriculum with Discovery Education Health and Relationships. With ready-to-use lesson activities and comprehensive teacher support, this digital PSHE programme equips teachers with the resources they need to confidently engage all pupils.

Written by subject-expert teachers, Health and Relationships makes it easy to teach the curriculum across the whole school. Centred around child-led videos and animations the resources help pupils relate to the subject, encouraging them to participate in discussions and be more engaged in their learning.



Save time with end-to-end curriculum planning

High-quality resources ensure your school meets every requirement of the objectives. Following a spiral curriculum, resources are grouped into six topics that introduce new and more challenging material as pupils progress through the school.

End-to-end curriculum planning fulfils the requirement to demonstrate a comprehensive programme while also showcasing your school has a coherently planned PSHE curriculum.

Complete teacher support

Our user-friendly, teacher-created resources provides essential support. The programme includes detailed lesson plans, with practical suggestions for introducing topics, teacher guidance on age-appropriate vocabulary and questions pupils may ask with suggestions on how best to respond.

The programme also includes support with communicating the curriculum to parents. Resources include communication templates and materials used within the programme at each age-level.





Prepare children for life in the real-world

Child-led, scenario-based videos engage pupils with the real world. Videos feature children interviewed on key topics, use animation to bring learning to life and provide opportunities for pupils to role play and make decisions that directly impact their lives.

Discovery Education Health and Relationships is built around a set of best practice principles for creating a safe learning environment that enables pupils to share ideas and information, sets an expectation for a mature response and increases teacher confidence in managing discussion.

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